

MAKE-A-WISH.



USAT
USA TRIATHLON

SANCTIONED EVENT



1st Annual Steelman Open Water Swim
July 12, 2009 at Nockamixon State Park



Both 1.5 Mile and 3.0 Mile distances

3 Mile Relay Event, each athlete swims a 1 Mile Leg

7:00 am registration opens, 8:30 am Warm-up, 9:00 am Start

Pristine Open Water Lake swim in large protected cove. Fully supported with kayak and sailboat escort. Perfect for your first race or PR

Awards for each race: Top OA Male/Female

3 deep in 10 year age divisions from 13 to 80+

Relay Top OA teams in Male / Female / Coed divisions

Award winning post race party, food, music, & giveaways

Every athlete receives official Steelman performance training shirt,
Official Steelman 32oz plastic Stein, and sponsor goodies

For additional information & registration go to:

<http://www.steelmantriathlon.com>

Contact Dale the Race Director at dale@steelmantriathlon.com

Race organized "by Swimmers for Swimmers"

"Awesome course.. savory food.. excellent tunes ! Triathlete Magazine"

Proceeds will benefit the Make a Wish Foundation



Event & Party Rental Specialists

